

Ancrum Kit List What to bring

Bring a Spoonful of ambition

Clothing Clothes are likely to suffer wear and tear and also get dirty and/or wet therefore you should bring a couple of changes of old clothes for doing activities. Your arms will need to be covered to do T-shirts some activities Long sleeved shirt / t-shirt Waterproof jacket Fleeces / jumpers Trousers or leggings but not jeans as they get heavy and cold when wet Your socks will need to cover your ankles to Underwear and socks do some activities 1 or 2 sets of clothes for the evening

2 pairs of trainers 1 pair of dry shoes for evening activities 1 old pair for watersports

Other Items		
2 towels	for showering old one for activities	
Re-usable drinks bo		
Small rucksack / baç		
Labelled bin bag for	wet and dirty clothing	
	llow (unless otherwise It have a sleeping bag	
Washbag including s toothbrush and tooth bring aerosols	soap, shampoo, npaste. Please do not	
Hairdryer		

Travelling in the ...

Warm coat

Hat ang gloves

Suitable nightwear

Swimwear



Please Do Not Bring

Aerosols

×	Electrical devices	
X	Computer games	
X	Jewellery / valuables	

If you bring your **mobile phone**, please note, it is not covered by our insurance.